



Prayer as I Enter Supervision

God of inspiration and acceptance,
I ask You for the gift of a discerning heart:
a heart that remains attentive to You,
a heart that moves with Your Spirit,
a heart that is aware of its own brokenness,
a heart that is open to Your desires.

I listen for Your truth and guidance.

Help me to listen with a loving heart to my own reactions
to the rich experiences of those in my care.
I have entered into their struggles and peaceful experiences,
their sorrows and joys, their woundedness and wholeness,
their emptiness and their fullness.
Unveil how their stories have stirred within me
and what is revealed about my own life.

May the grace of a discerning and open heart come alive
in not only my directees
but in myself as well.

Amen

adapted from Maureen Conroy, RSM