



CLA

Contemplative Leaders in Action

Faith.
Community.
Leadership.

*Join Our
Community!*



What is CLA?

CLA is a two-year program that cultivates **Ignatian spirituality** and leadership in young professionals in their 20's and 30's. Participants join a vibrant, faith-filled community of peers committed to becoming **leaders in their fields** and **finding God in all things**.

Who is CLA designed for?

CLA is designed for young adult professionals. Each year, emerging leaders representing diverse professions are invited to participate. Participants will share certain key characteristics: a capacity for self-reflection, several years of work experience, a personal commitment to serve the common good, demonstrated leadership potential, and the willingness to pursue spiritual and professional growth. Development of community is crucial to the success of this program. Participants must have the ability to genuinely engage in respectful conversation and shared reflections.

F a i t h .



How will CLA benefit participants?

The goal of CLA is to have participants:

- ☀ Build a community of peers in various occupations
- ☀ Learn Jesuit techniques for making good decisions, for praying and for daily effectiveness
- ☀ Polish their communication and leadership skills
- ☀ Reflect on their strengths, weaknesses and role in the world
- ☀ Discuss the current state of our world and figure out where and how they want to help lead

Where is CLA?

CLA currently operates seven cities:

- ☀ Baltimore, MD
- ☀ Boston, MA
- ☀ New York, NY
- ☀ Philadelphia, PA
- ☀ Seattle, WA
- ☀ St. Louis, MO
- ☀ Washington, DC

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C o m m u n i t y .



The CLA program:

The CLA program includes:

- ☀ Monthly meetings with discussions on suggested readings and occasional presentations from guest speakers on topics ranging from Ignatian spirituality to leadership to Catholic social teaching
- ☀ An annual retreat
- ☀ Introduction to one or more experienced professionals with whom to discuss the challenges of living a faith-filled life
- ☀ Opportunity for spiritual direction
- ☀ A capstone project in year two

These activities will take place over a two-year time frame, although the program will not meet during summer months.

What does CLA cost?

Tuition for the two-year program is \$1,000, or \$500 per year. The cost of the retreats, meals at monthly meetings, and educational materials are included in the CLA program fee.

CLA tuition fees cover about forty percent of the overall cost of the program. Thus, CLA relies on the generosity of our supporters.

L e a d e r s h i p .

Apply to CLA!

CLA typically accepts applications from March through May. During this time, we invite all young adults interested in participating in CLA to apply.

www.contemplativeleaders.org/apply



The Application Process:

CLA applicants are asked to complete our application form, and then attend one of our Info & Interview Sessions.

Our **CLA Interest Form** is available throughout the year. If you are thinking about applying to CLA, or want to learn more, we encourage you to fill out this form.

For more information on CLA in a specific city, please contact one of our Regional Directors.

www.contemplativeleaders.org/clastaff

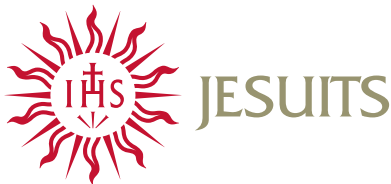
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OFFICE OF IGNATIAN SPIRITUALITY

Maryland and USA Northeast Provinces of the Society of Jesus

Contemplatives Leaders in Action (CLA) is a program of the Office of Ignatian Spirituality of the Maryland and USA Northeast Provinces of the Society of Jesus.

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We want to hear from you!

Visit us online:

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